



Behavioral Health Services

Mental Health Services

- Treatment of the full range of mental health disorders including adjustment disorders, depression, anxiety, PTSD, bipolar disorder, and schizophrenia.
- Individual counseling for adults, adolescents and children
- Group counseling
- Psychiatric consultation and medication
- Intensive outpatient program
- Family counseling
- Specialized treatments
 - Eye Movement Desensitization and Reprocessing (EMDR)
 - Dialectical Behavioral Therapy (DBT)
 - Cognitive Behavioral Therapy (CBT)
 - Motivational Interviewing (MI)
 - Perinatal Mood and Anxiety Disorders
- Telehealth counseling
- Linkage to vocational programs
- Care coordination program



Substance Use Services

- Treatment of the full range of substance use disorders
- Individual counseling for adults and adolescents
- Group counseling
- Psychiatric consultation and medication
- Addiction medicine consultations, often including medications (MAT)—Vivitrol, Naltrexone, Suboxone, Sublocade
- DWI Assessments
- Peer Services
- Specialized treatments
 - Eye Movement Desensitization and Reprocessing (EMDR)
 - Dialectical Behavioral Therapy (DBT)
 - Cognitive Behavioral Therapy (CBT)
 - Motivational Interviewing (MI)
 - Perinatal Mood and Anxiety Disorders
- Family counseling
- Telehealth counseling
- Family involvement
- Linkage to vocational programs
- Care coordination program
- Intensive outpatient program

ADDITIONAL SERVICES MAY BE OFFERED ON A CLINIC BY CLINIC BASIS.
CHECK WITH YOUR CLINIC FOR ANY ADDITIONAL FAMILY SERVICES OPPORTUNITIES.

FOR MORE INFORMATION ON FAMILY PROGRAMMING OR OTHER PROGRAMS OFFERED
BY HORIZON HEALTH SERVICES, PLEASE CALL (716) 831-1800.

