

Thank you, Colleen, Hilbert, and the Hilbert students including Kenny who assisted with the media area tour- the afternoon was just awesome.

What a great event yesterday was with our S3 youth and Coalitions! I think it was even better (if that is possible) than last year's Youth Leadership Summit.

Thought I would put some notes down before I forget them- and with the holidays fast approaching my thoughts surely will be a 'hot mess' so to speak.

I have a sign in sheet from the youth that attended (and the 100+ Good Qualities in a Person sheet) - will scan both and fax to all of you- as soon as possible.

### **Attendance**

Alden-2  
Amherst-6  
Lancaster/Depew-1  
WS/OP-1  
Springville- 4  
ITAC-0  
Hilbert students- 6

### **Adults**

Colleen K.  
Marnie- Springville  
Anne- Amherst  
Meghan-WS/OP  
Jessie-Lanc. Depew  
Renee- Alden  
Mary Beth- NY Upstate Poison Center  
Bette -EMW

Thank you to each Coalition and Hilbert for bring the merchandising products/snacks (Rice Krispie treats- Jess) for our youth and Colleen for taking the time to gather up great snacks. Colleen has given Marnie the receipts for reimbursement- I don't have an exact figure on the snack/supply expenses.

Mary Beth was so kind to drop of 2- boxes of lock boxes (for all 6 interested Coalitions) as was discussed at the last zoom meeting. I believe she said there were a total of 76- Amherst and ITAC will store these lock boxes- until it is determined which coalitions are planning presentations- the idea is to distribute at S3 presentations- S3 messaging and education is key. We can add this to the agenda for our next meeting. **THANK YOU Mary Beth** for joining in, sharing, and providing safe storage to our communities.

**Start time** was just after 1pm, and we ran until about 3:20pm.

Shared a bit what the goals of the afternoon were- end goal being the creation of the PSA focused on the message of safe storage, safe use, and safe disposal. Shared that we would have a few more meetings- via zoom- to provide the youth with up to date research, trends, etc. from 3 experts in the next few months.

**Workshop 1- Jenga Activity-** 2- groups divided up at each end of the table- and played Jenga- building up the tower selecting an adjective from the good qualities in a person, and then broke down the jenga tower using words that could be barriers in life that could prevent one from moving forward- much discussion and good conversation was had by both groups.

1:10 pm to 1:30 - Workshop 1- Introductions and Asset Building

**Goal:** Students will become familiar with one another as a group who's goal is creating one common service project for the community. Each student will be able to explore his or her own assets while being introduced to other strengths, they may want to inherit from their peers.

**Outcome :** Each student will have assessed the completed list of their own personal strengths and growth areas as they have met new group members who have different strengths.

**Activity:** using the Jenga game as a prop to talk about strengths and weaknesses, as they pull a block.

And then build the game back up with goals.

### **Snack Break**

### **Workshop 2 - Accessibility and Diversity Building- Lego Activity**

**Goal:** To have students in the leadership workshop be introduced to the term culturally sensitive and the skills that apply to diversity and equality in order to be culturally sensitive and inclusive.

**Outcome:** Students attending the Hilbert College leadership workshop will be able to demonstrate an understanding of what culturally sensitive skills are by completing the activity presentation.

Short presentation on being Culturally sensitive and inclusive.

**Activity:** students were given a set of Legos and a specific card to follow it's written request.

Students are not allowed to talk during the activity could only do what is required of them from the written card. They are given 5-7 minutes to build a tower together with the skills that they have within their group. At the end of time discussion will take place on how it felt in regard to inclusion accessibility and diversity amongst group members trying to create one tower. The roles they had to play might have put some out of their comfort zone, and discussion centered on this and how one felt playing the role they were assigned. Created an awareness of how others may be limited by physical or emotional skills and how best to understand and work together for a common goal by supporting the entire group.

### **Workshop 3- Survival Skills Baggie**

**Goal:** For students to recognize the importance of mental wellness as they are becoming leaders in a community project that requires them to participate in the planning and executing of the project while attending school full-time, and other personal responsibilities.

**Outcome:** Students will have identified a wellness plan that states their ability to manage full-time school, personal activities, and their leadership role in the community project.

**Activity:** students will be given a set of different objects that they are able to describe how they can relate to each item resembling a self-care skill.

Bags included- wet wipes, band aid, lifesavers, marble, bag of gummies, Hershey kisses, playdough and a paperclip. Group shared thoughts on the significance of each item as it related to mental health and self care skills- i.e. starting fresh, holding it all together, being creative, etc.

**Tour of the Hilbert Media Facilities** by Kenny- Thank you Kenny

**PSA idea** and goal shared on public service announcement.-importance of the youth voice- Further thoughts and research will be done to give youth necessary tools they need to develop PSA ideas.

After the experts present via zoom to the youth- possible way to proceed- pair coalitions to begin developing a message for the PSA.

**Goal:** Students will begin to craft factual thoughts and ideas /outline on the future goal of creating a public service announcement with information on, safe use, safe disposal, and safe storage. Students will begin to discuss how they visually see the PSA taking place.

**Outcome:** students will have completed a draft outlining main facts on their assigned topic of safe use, safe disposal, and safe storage